



Welcome to Sonata! We are so thrilled you're here

Whether you've been with us for many years, or are new to our office, we want to share with you a little bit about our history, our team, our philosophy and values - and some fun facts, too.

Serving the Broomfield area since 2004, we are proud of our outstanding reputation throughout the state of Colorado for offering cutting-edge non-invasive procedures in a caring and compassionate environment. All of our services are designed to help you "reflect your best" with beautiful, natural, "look like the best version of yourself" results.



ABOUT DR. J

Dr. Lawrence Janowski is the Medical Director and founder of Sonata. His extensive training in the uses of neuromodulators, fillers, threads, neck lifts and other minimally invasive procedures has led Dr. Janowski to become a national-trainer, teaching other physicians and nurses from across the US in the best uses of aesthetic medicine. At Sonata, you get a full-time onsite physician's expertise and careful eye for quality, detail, and safety - a rarity in today's med spa environment.

Originally from the New York City area, Dr. J has been serving Broomfield since 2004.

DR. JANOWSKI HAS EARNED COVETED INDUSTRY AWARDS AND RECOGNITION AS:

Trainer for MINT thread-lifting

Trainer for Galderma, maker of Dysport, Restylane, Sculptra and more

Top in the Nation provider for Galderma

Dr. J is a husband, a father, and a talented musician who loves to play piano and guitar. You can often find him playing piano in between patient visits to the office.

He loves music, his work, and playing games with his children, Eli and Dahlia.

GET TO KNOW LARRY'S FAVORITES:

- Current favorite song: Pern by Yann Tiersen
- Wedding song: Come Away With Me by Norah Jones
- Best concert: Rush
- First album you purchased : The Police
- Favorite go-to karaoke song: "Yellow" by Coldplay

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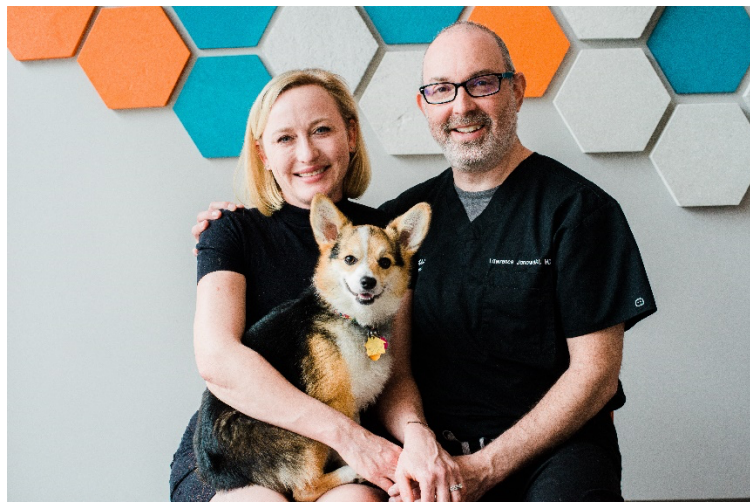
A family affair

Sonata is proud to be a family business. Dr. Janowski's wife, Liz, has served the practice behind the scenes for over 10 years as CEO. She is passionate about creating a space of acceptance, kindness, empathy, empowerment and love for our patients. She is also dedicated to creating an equitable and sustainable work experience for our amazing staff.

Liz coordinates all of our substantial and ongoing charitable giving. Outside of Sonata, Liz is an artist and teacher, creating immersive art experiences that expand beauty, creativity and joy.

GET TO KNOW LIZ'S FAVORITES:

- Favorite song: Too many to possibly choose!
- Best concert: Tori Amos at Red Rocks in 1998
- First CD you purchased: Billie Holiday Greatest Hits
- Favorite go-to karaoke song: "No one wants me to sing karaoke!"



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Meet our extended family...our Sonata team

Our staff - most of whom have worked with us for many years - are an extension of our family. They are attuned to your needs and are here to educate you, engage with you, and most importantly, care for you with compassion. We instill a culture of excellence and innovation here at Sonata, with a commitment to constantly learning and growing. Our staff are also driven by a deep desire to connect with, offer compassion and serve our patients.

"Dr. Janowski and Liz truly care about everyone here. They make sure that you feel comfortable. I definitely feel like I'm meant to be here." - Alondra



Alondra, Bridgett, Dominique, Amy, Julianna, Nova, Liz, Dr. J, Jeanette (and Fiona)

Jeanette's first album: Glass Houses by Billy Joel

Nova's go-to karaoke song: "Picture" by Kid Rock and Sheryl Crow

Julianna's favorite song: "Sunday Best" by Surfaces

Bridgett's first concert: Wham!

Alondra's favorite concert: Lana Del Rey

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At Sonata our passion and joy is helping you Live Confidently



We believe in educating you on all options available to best fit your needs, which begins with a complimentary comprehensive consultation with every new patient. If you are a returning patient, you can ask us for a consultation at any time, and we'd be happy to chat with you about your goals. The aesthetics field is always advancing and changing and we may have new options for your needs.

We are passionate about helping you achieve naturally beautiful results and we will be here for you, every step of the way, as your partner and friend.

THE SONATA DIFFERENCE: OUR CORE VALUES

Education

The cornerstone of our relationship with every patient at Sonata is education. From the first interaction, our highly-trained medical staff spends the time to educate you about your best treatment options. We get to know you with a thorough educational consultation where we analyze your face and skin, and educate you about the latest, most relevant, and most effective treatment options. We also develop videos and blogs with demonstrations of procedures, tips about skin care, and insights into new treatments to keep you updated when you're not in the clinic.

Compassion

We care about each one of our patients - before, during and after your office visit. We work with you to deliver exceptional results, and we respect and honor your feedback.

"I have a lot of respect for

Dr. Janowski. I feel like I can go to him with any questions. He always wants us to learn. And I'm still learning." - Jeannette

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Integrity

We proudly stand by our work and treatments. Dr. Janowski is not only the Medical Director, he does every injectable and laser treatment personally.

We have a culture of listening and figuring out what people need by asking questions. I love connecting with the patients and hearing their personal stories. They feel like family.” - Bridgett

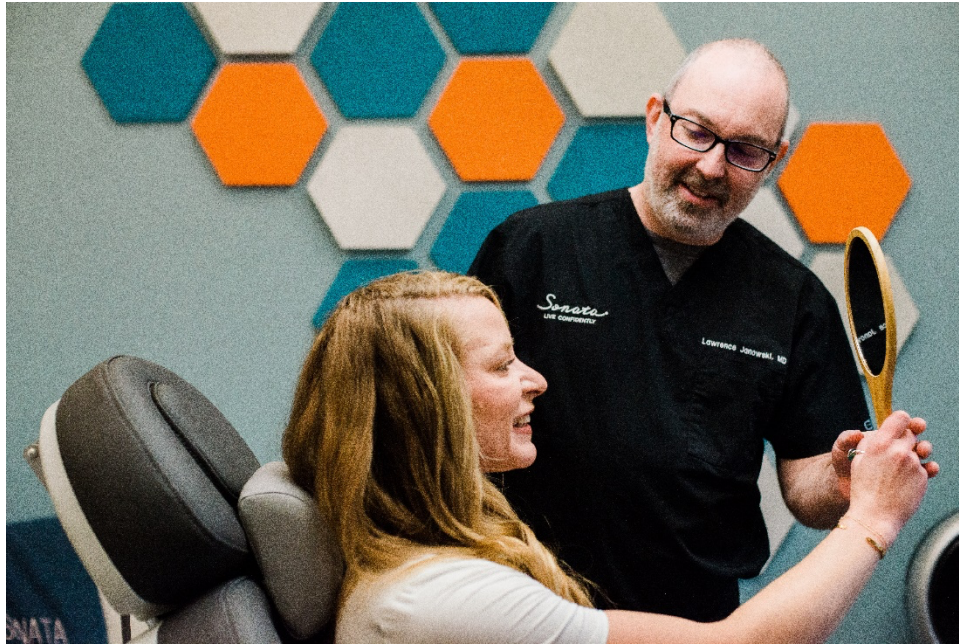
Medically-Sound

Because Dr. Janowski is actively involved with every patient, you have access to the best and most advanced treatment options available. He has trained other physicians throughout the country in the best practices for neurotoxins, filler, and laser treatments and is equally committed to his own advanced training - attending several national and international workshops annually to hone his skill and learn about new treatment options.

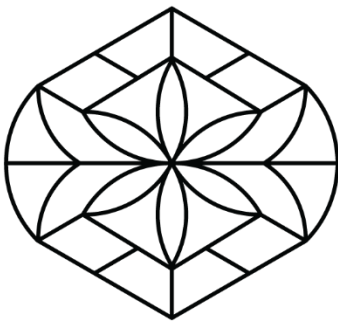
“I trust Dr. Janowski beyond belief. He has a lot of integrity and his commitment to continued growth and training is impressive.” - Julianna

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Our commitment to giving



As family, a team, and a business, we are committed to doing good both in and out of the office. Dr. and Mrs. Janowski are especially dedicated to charities that advance the economic conditions of families in need and improve the lives of animals, both here and around the world.

We are particularly proud of our pro-bono program where we select deserving women in our community for a total transformation makeover. These makeovers have changed lives and helped our winners to feel more confident and more engaged in their lives.

BODY*skin*SOUL

In 2021 alone, Sonata donated \$50,000 to more than 25 local, national and international charities and look forward to expanding our impact in 2022.

"I love my job assisting in procedures with Dr. Janowski. He makes it very comfortable in the treatment room and has taught me a lot." - Nova

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2021 MILESTONES

- Dr. Janowski completed his **17th year** serving the Broomfield and Boulder communities, he opened his practice in 2004
- Clients purchased and used \$300,000 in home skin care products
- Clients saved more than \$190,000 (!!) on treatments using the ASPIRE rewards program
- Dr. Janowski and Jeanette welcomed nearly 900 new clients to our practice
- In 2021 alone, Dr. Janowski performed more than:
 - 3,100 Dysport treatments
 - 2,700 dermal filler treatments
 - 30 neck lifts
 - 80 threadlifts
 - 20 J Plasma facial resurfacing treatments
 - 40 upper blepharoplasty procedures
 - 25 liposuction cases

A few words from a few of our **AMAZING** patients



"I love coming here. Their professionalism and expertise make me feel at ease. I know I can always count on this group of talented people.- Veronica M.

"Every staff member I came in contact with was warm, polite and genuine. They took the time to talk about my wants and needs. It was a perfect visit and I'm so happy with my results." - Telise N.

"Sonata is not a medical spa encouraging you to "fix" yourself, but rather a place where you are welcomed and celebrated to "live confidently" - to match on the outside how you feel on the inside."- Jade

"Liz, Jeanette, Dr. Janowski and the team help celebrate our differences and beauty at every age. Not to mention Dr. Janowski may be the most skilled doctor in the industry. I trust him exclusively." - Wendy

"Dr. Janowski has a very unique and skilled eye when looking at someone, and can help you to determine what you want and need to reach your own beauty and anti-aging goals. He and his staff can help you become the better you that you want to be!" - Kelly

KEEP UP WITH US!

Don't miss out on the latest from the Sonata team! Subscribe to our newsletter at www.sonataskinandbody.com and to our YouTube channel at Sonata Aesthetics. And keep up with us on Instagram @sonatamdspa